

2010 MOINDOU CUP

The City of Moindou on Saturday, November 20, witnessed a superb display of world standard weightlifting by the lifters based at the Oceania Weightlifting Institute in Mont Dore.

The Moindou community has established a weightlifting club and at this inaugural competition the enthusiastic crowd witnessed 3 Commonwealth Youth records, 4 Oceania Junior records, 5 Oceania Youth records, 7 South Pacific senior records, 6 South Pacific Junior records and 5 South Pacific Youth records. The young weightlifters from the cities of Moindou, LaFoa and Bourail, competing at this event, were in awe by what they witnessed – a massive 30 records. It was an inspirational afternoon, for all who were present.



ITTE MAKES HISTORY! 403Kg Total..

Itte Detenamo, 2010 Commonwealth Games silver medallist, on Saturday 20th November, competing in the Moindou Cup made history by becoming the first Pacific lifter to break the 400kg total barrier. When Itte was interviewed after his fantastic performance he said ***“This is the dream of every superheavy weightlifter, to break through the 400kg barrier”*** He has now joined those very few Oceania lifters who have reached this milestone. The first lifter to do was Australian legend Dean Lukin back in 1984 when he totalled 412.5 kg at the Los Angeles Olympic Games to win gold.

Itte, snatched 181kg to equal the Commonwealth record and then went on to clean & jerk 222kg on his second attempt to total 403kg for a new South Pacific record. On his last lift, he cleaned 226kg but narrowly missed the jerk which would have

given him a 407kg total. The present Commonwealth and Oceania record stands at 405kg, held by Chris Rae of Australia set in 2004. Two months ago, Itte received an IOC London 2012 Olympic Scholarship and he is based full time at the Oceania Weightlifting Institute in New Caledonia.

Yukio Peter Totals 360Kg at 78.8Kg

Yukio Peter won gold in Delhi with a 333kg total in the 77kg category. One month later in the City of Moindou on Saturday 20th November, weighing in at 78.8kg (1.8kg over the limit) Yukio produced one of the greatest performances ever in the Oceania region by totalling 360kg. He snatched 160kg and clean & jerked 200kg, All were South Pacific records.

Yukio who already ranks number one in the Commonwealth in the 77kg category, now after Saturday's performance also ranks number one in the 85kg category. Yukio on his third attempt in the clean & jerk, cleaned 205kg but unfortunately missed the jerk. He is currently preparing for the IWF Grand Prix tournament in Penang next month which is also an Olympic qualification event for individual lifters. Yukio is also an IOC London 2012 Scholarship holder and trains full time at the Oceania Weightlifting Institute in New Caledonia.



Yukio Peter –Nauru wins gold at the recent Commonwealth Games held in Delhi - India.

ELSON BRECHTEFELD BREAKS 9 YEAR OLD RECORD



Youth champion lifter **Elson Brechtefeld** from Nauru competing in the 56kg category, last Saturday in Moindou established a new Oceania and South Pacific Youth snatch record of 96kg and total record of 218kg. The records were previously held by another Nauruan lifter, Willen Daegago set in 2001. His clean and jerk of 122kg was also his personal best. Elson was a recipient of the IOC Youth Olympic Scholarship and he represented Nauru at the Olympic Youth Games in Singapore and the Commonwealth Games in Delhi. With the assistance of ONOC/ Solidarity Elson has been able to stay at the Institute where he will continue his training towards the 2012 Olympics.

Young 16 year old Elson Brechtefeld- Nauru



17 yrs old Steven Kari – Papua New Guinea

NO STOPPAGE FOR YOUNG STEVEN KARI!!

17 year old sensational weightlifter, **Steven Kari**, 4th place at the Singapore Olympic Youth Games in the 77kg category and also 4th place at last month's Commonwealth Games in the same category, produced another outstanding performance last Saturday in Moindou where he totalled 303kg, 10kg more than he did four weeks ago at the Commonwealth Games held in Delhi, India. Steven who also has received an IOC London 2012 Scholarship, set new Commonwealth Youth records in the snatch, clean & jerk and total. His snatched 131kg, clean & jerked 172kg and his combined total was 303kg.

Steven only arrived at the Oceania Weightlifting Institute in the month of February of this year with a 240kg total. It has taken him only 9 months to break through the 300kg barrier. His total of 303kg is the highest total ever recorded by a lifter from PNG. Previous to this, the highest total ever recorded by a Papua New Guinean lifter was Paul Enuiki who totalled 300kg in 1994.

TULO, THE UNLUCKY ATHLETE

Due to Fiji being banned from the Commonwealth, one of the top lifters in the region and Oceania champion, **Manueli Tulo** was not able to compete and therefore was left behind on his own at the Institute in New Caledonia.

It is very sad when an athlete of his calibre receives an IOC London 2012 scholarship in September and yet not allowed to compete at the Commonwealth Games. This situation made Tulo more determined than ever. And whilst all the institute lifters were in Delhi, Tulo persevered and continued to train and sure enough it paid off. On Saturday in Moindou, Tulo smashed the Oceania and South Pacific Junior record in the clean & jerk with 140kg and he totalled 245kg constituting a new total record in the 56kg category. Tulo is still a junior and he is now preparing for Penang next month where he will compete in the IWF Continental Clubs Grand Prix.



Manueli Tulo –Fiji in training at the Institute in Mont Dore

OTHER EXCELLENT PERFORMANCES

Other personal best performances were achieved by other Institute lifters. 18 year old **Takenibeia Toromon** from Kiribati competing in the 69kg category totalled 255kg (snatch 115kg, jerk 140kg). This was 10kg more than he did in Delhi during the Commonwealth Games four weeks ago. He is only five kilos off 260kg total which will rank him number one in the Pacific.

19 year old **Lapua Lapua** from Tuvalu also did a personal best total of 230kg in the 62kg category. This is 10kg more than he did in Delhi at the Commonwealth Games. Lapua also equalled the South Pacific junior snatch record with 105kg. He is only 5kg away from the Australian junior record. This is possibly the best performance by any Tuvaluan athlete at an international level. Lapua's individual lifts were 105kg snatch, 125kg clean & jerk.



Takenibeia Toromon –Kiribati 69Kg category



Lapua Lapua – Tuvalu 62Kg category

V.I.P's VISIT THE INSTITUTE



The Oceania Weightlifting Institute had the honour of being visited earlier this month by the President of the National Olympic Committee of France, **Monsieur Dennis Masseglia**.

In this photograph we see Monsieur Masseglia speaking to some of the Comite Territorial Olympique et Sportif (CTOS) officials. From left Mr **Michel Quintin** - CEO of the CTOS, **Mr Charles Cali** – President CTOS, **Mr Dennis Masseglia**, **Mr Jean-Marc Domergue** - General Secretary CTOS and in the background, **Mr Ronald Frere**, President of weightlifting in New Caledonia.

RECORDS GALORE BROKEN IN MOINDOU

RECORDS

Manueli Tulo 56Kg Cat.	136Kg Clean & Jerk (Oceania & South Pacific Junior record)
Manueli Tulo 56Kg Cat.	140Kg Clean & Jerk (Oceania & South Pacific Junior record)
Manueli Tulo 56Kg Cat.	241Kg Total (Oceania & South Pacific Junior record)
Manueli Tulo 56Kg Cat.	245Kg Total (Oceania & South Pacific Junior record)
Elson Brechtefeld 56Kg Cat.	96Kg Snatch (Oceania and South Pacific Youth record)
Elson Brechtefeld 56Kg Cat.	218Kg Total (Oceania and South Pacific Youth record)
Yukio Peter 85Kg Cat.	160Kg Snatch (South Pacific Senior record)
Yukio Peter 85Kg Cat.	200Kg Clean & Jerk (South Pacific Senior record)
Yukio Peter 85Kg Cat.	360Kg Total (South Pacific Senior record)
Steven Kari 85Kg Cat.	131Kg Snatch (Commonwealth Youth record)
Steven Kari 85Kg Cat.	131Kg Snatch (Oceania & South Pacific Youth record)
Steven Kari 85Kg Cat.	131Kg Snatch (South Pacific Junior record)
Steven Kari 85Kg Cat.	172Kg Clean & Jerk (Commonwealth Youth record)
Steven Kari 85Kg Cat.	172Kg Clean & jerk (Oceania & South Pacific Youth record)
Steven Kari 85Kg Cat.	303Kg Total (Commonwealth Youth record)
Steven Kari 85Kg Cat.	303Kg Total (Oceania & South Pacific Youth record)
Steven Kari 85Kg Cat.	303Kg Total (South Pacific Junior record)
Itte Detenamo 105+Kg Cat.	181Kg Snatch (South Pacific Senior record)
Itte Detenamo 105+Kg Cat.	222Kg Clean & jerk (South Pacific Senior record)
Itte Detenamo 105+Kg Cat.	400Kg Total (South Pacific Senior record)
Itte Detenamo 105+Kg Cat.	403Kg Total (South Pacific Senior record)



Monsieur Eric Gay, Mayor of the City of Mont Dore having a chat with Paul Coffa at the Oceania Institute during the visit of the French National Olympic Committee President visit to the Institute.

MEMORABLE PHOTO FROM THE 2005 MINI GAMES IN PALAU



Paul Coffa and Matthew Curtain amongst the sporting leaders of New Caledonia- Palau 2005