

Competition Schedule - Test Event

Weightlifting

Day 0 Wednesday - 07 Dec 2011

16:00 - 19:00 Athlete Training

Day 1 Thursday - 08 Dec 2011

14:00 - 18:00 Athlete Training

Day 2 Friday - 09 Dec 2011

11:30 - 16:30 Athlete Training

Day 3 Saturday - 10 Dec 2011

No. Of Athletes

Session WL01

10:00 - 11:30 Men's Category 94kg - Group B 6

Session WL02

12:30 - 15:00 Women's Category 69kg - Group A 11

15:10 - 15:20 Medal Ceremony Women 69kg

Session WL03

16:00 - 17:30 Men's Category 94kg - Group A 7

17:40 - 17:50 Medal Ceremony Men 94kg

10:30 - 16:00 Athlete Training

Day 4 Sunday - 11 Dec 2011

No. Of Athletes

Session WL04

10:00 - 11:30 Women's Category +75kg - Group B 6

Session WL05

12:30 - 15:00 Men's Category +105kg - Group A 11

15:10 - 15:20 Medal Ceremony Men +105kg

Session WL06

16:00 - 17:30 Women's Category +75kg - Group A 6

17:40 - 17:50 Medal Ceremony Women +75kg

10:30 - 16:00 Athlete Training